

T Training

The Way Forward

Course Overview

Counterbalance fork lift trucks are the most common type of fork lift truck. Counterbalance trucks have forks protruding from the front of the machine, this means that the truck can be driven up to the exact location of the load or racking.

The course provides operators with the skills needed to operate the forklift truck safely and efficiently. Operators will learn how to carry out a pre-use inspection as well as recall and explain the causes of truck and load instability.

Entry Criteria

TL Training defines an 'Existing Operator' as somebody who has previous experience of using a counterbalance forklift truck but has not received formal training or has no documentary evidence to prove previous training took place.

Candidates must have operated a counterbalance forklift truck on a regular basis within the last 5 years. All candidates will be required to sign a declaration to confirm their previous experience prior to the course commencing.

Duration

Our RTITB Counterbalance Fork Lift Truck Existing Operator Course is designed to instruct up to a maximum of 3 delegates and will take 3 days to complete. (Course duration may be reduced to 2 days if fewer than 3 candidates are on a course).

Course Content

- Introduction to the forklift truck to be used – Daily Maintenance Checks
- Relevant Legislation and Regulations
- Pre-use inspection and take over maintenance
- Care of batteries/LPG/Diesel Trucks
- Controls and instruments
- Weight assessment / Stability Factors



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- Starting, moving and stopping the truck
- Handling laden and unladen pallets
- Operation of hydraulic controls
- Stacking/de-stacking – free standing and in racking at various heights
- Loading and Unloading Procedures
- Safety code testing
- Practical test of basic operating skills
- Written test of operating knowledge

Qualification

Successful delegates will receive an electronic certificate accredited by RTITB which will be valid for a period of 3 years from the date of the course. After this period, the successful delegate will be required to attend a 1-day refresher course.

This course enables successful operators to use any counterbalance forklift up to a 5000 kg lifting capacity (with authorisation) anywhere in the UK.

