

T Training

The Way Forward

Course Overview

Counterbalance fork lift trucks are the most common type of fork lift truck. Counterbalance trucks have forks protruding from the front of the machine, this means that the truck can be driven up to the exact location of the load or racking.

The course provides operators with the skills needed to operate the forklift truck safely and efficiently. Operators will learn how to carry out a pre-use inspection as well as recall and explain the causes of truck and load instability.

Entry Requirements

TL Training defines a 'Novice Operator' as somebody who has no previous (or very limited) experience of using a counterbalance fork lift truck.

This course is ideal for those operators looking to achieve a nationally recognised operator qualification in the safe and correct use of counterbalance forklift up to a 5000 kg lifting capacity.

Duration

Our RTITB Reach Truck Refresher Course is designed to instruct up to a maximum of 3 delegates and will take 1 day to complete.

Course Content

- Introduction to the forklift truck to be used - Daily Maintenance Checks
- Relevant Legislation and Regulations - Health & Safety at Work Act 1974, PUWER 1998, LOLER 1998 and L117 - Rider Operated lift trucks (ACOP & Guidance)
- Pre-use inspection and take over maintenance
- Care of batteries/LPG/Diesel Trucks
- Controls and instruments
- Weight assessment / Stability Factors
- Starting, moving and stopping the truck
- Handling laden and unladen pallets
- Operation of hydraulic controls
- Stacking/de-stacking – free standing and in racking at various heights
- Loading and Unloading Procedures
- Safety code testing



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- Practical test of basic operating skills
- Written test of operating knowledge

Qualification

Successful delegates will receive an electronic certificate accredited by RTITB which will be valid for a period of 3 years from the date of the course. After this period, the successful delegate will be required to attend a 1-day refresher course.

This course enables successful operators to use any counterbalance forklift up to a 5000 kg lifting capacity (with authorisation) anywhere in the UK.

